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## SUMMER NATURE WEEKS

*Friends of Five Rivers is offering four weeks of programming for families. The aim of this program is to help parents and children grow in their understanding and appreciation of the natural world through shared activities.*

*This program is created for parent/guardian with children ages 2-8.*

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Three Identical Sessions taking place from 10:00 - 11:30 am Monday through Friday, rain or shine:

- ❖ July 21-15, 2025
- ❖ July 28-August 1, 2025
- ❖ August 4-8, 2025

Each day begins with the reading of a story from nature. Hands-on activities will follow from the theme of the story and includes exploration, discovery, games, and crafts.

Fridays will be spent by and in the stream. See clothing requirements inside this brochure.

Due to the nature of the activities, we ask that only registered children attend, or consider bringing another adult to help.

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## QUESTIONS

Contact Nancy Payne, Environmental Educator, at 518-475-0296 or email

[beautifulday@friendsoffiverivers.org](mailto:beautifulday@friendsoffiverivers.org)

*The mission of Friends of Five Rivers is to support environmental education at Five Rivers Environmental Education Center, as well as to enhance the experience of visitors to Five Rivers and to promote the interests of the Center.*



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## FRIENDS OF FIVE RIVERS

56 Game Farm Road  
Delmar, NY 12054

518-475-0295

[info@FriendsofFiveRivers.org](mailto:info@FriendsofFiveRivers.org)

[www.FriendsofFiveRivers.org](http://www.FriendsofFiveRivers.org)



## 2025 SUMMER NATURE WEEKS at Five Rivers Environmental Education Center



This Program is brought to you by...



# SUMMER NATURE WEEKS REGISTRATION 2025

Name of Parent(s) or Guardian(s) who will accompany child/children:

Last: \_\_\_\_\_ First: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone or Cell: \_\_\_\_\_

Email: \_\_\_\_\_

PLEASE INDICATE SESSION:

July 21-25       July 28-Aug 1       Aug 4-8

CHILD'S NAME:      CHILD'S AGE

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

## FEE:

**Includes One Adult +  
One Child + Materials**

Members = \$50.00

Non-Members = \$70.00

\$15 for each additional  
registered child.

Have you attended this program before? If so, what year(s): \_\_\_\_\_

List family(ies) you'd like to group with: \_\_\_\_\_

Are you a members of Friends of Five Rivers:  YES       NO

May we send you membership information:  YES       NO

Photo Permission (read below):  YES       NO

*The Friends of Five Rivers has my permission to use my or my child's photograph publicly to promote their events. I understand that the images may be used in print materials, online publications, presentations, websites, and social media.*

Please complete the registration form, and return with your check payable to: Friends of Five Rivers and mail to 56 Game Farm Road, Delmar, NY 12054. Memo: Summer Nature Weeks

**Scholarships are available. Contact [director@friendsoffiverivers.org](mailto:director@friendsoffiverivers.org) or call 518-475-0295 for more information.**

## HOW TO DRESS

- Shoes or sneakers (not sandals) are required footwear.
- Long pants are suggested to protect against poison ivy and insect bites.
- A hat is recommended.
- Bring rain gear if the weather looks threatening.
- You may also bring a small backpack.
- For Summer Nature Weeks (ages 2-8), Friday sessions will be spent wading in the stream. Old sneakers and shorts are more appropriate for these days. Footwear must be worn by all participants in the stream. Water shoes must have a back strap and toes must be covered.

## WATER

- ⇒ All participants should bring water.
- ⇒ Snacks are encouraged.

## INSECT REPELLENT

Insects are attracted to strong smelling shampoos, soaps, and sweet-smelling snacks. Your first line of defense should be to the elimination of all strong aromas.

Some repellents are extremely toxic. These repellents on hands or skin can be harmful to water critters or other animals you may handle. Consider using natural, plant-based repellents. Anything stronger, you may not be allowed to handle specimens or be in the stream.

## REGISTRATION

Enrollment is limited. Register early to get the session of your choice. If the session you choose is filled, we will contact you.

We actually prefer that you register online with at [www.FriendsofFiveRivers.org](http://www.FriendsofFiveRivers.org) under Education Programs - Summer Nature Weeks